## **CLAIMS**

We claim:

1	1.	A method for facilitating vehicle ingress and egress with a vehicle including at	
2	least one row of back seats coupled to the vehicle in a seat track and having a vehicle		
3	stadium/slide seat system, with each back seat having a seat cushion and seat back, the		
4	method comprising the steps of:		
5		manipulating a flip-forward mechanism associated with at least one of the	
5	back seats;		
7		rotating the seat cushion; and	
3		moving the back seat in the seat track to a pre-selected position.	
1	2.	The method of claim 1, wherein the pre-selected position is one of an easy-	
2	entry position and a design position.		
1.	3.	The method of claim 1, including the step of locking the back seat in the pre-	
2	selected posi	tion.	
1	4.	The method for facilitating stowing of the back seats of a vehicle having at	
2	least one row	of back seats coupled to the vehicle in a seat track, with each back seat having a	
3	seat cushion and seat back, the method comprising the steps of:		
4		manipulating a stow lever associated with at least one of the back seats; and	
5		rotating the seat back to a position adjacent to the seat cushion.	
1	5.	The method of claim 4, including the step of rotating the seat back to a design	
2	position.		
1	6.	The method of claim 4, including the step of moving the seat along the seat	
2	track to a pre-selected position.		
1	7.	The method of claim 6, including the step of locking the seat in the pre-	
2	selected position.		

1	8. A vehicle stadium/slide seat system mounted on one side of a vehicle seat,	
2	with the vehicle seat coupled to a vehicle in a seat track and with the vehicle seat having a	
3	seat cushion and a seat back, the vehicle stadium/slide seat system comprising:	
4	a flip-forward mechanism comprising:	
5	a linkage assembly coupled to the seat track;	
6	a seat bracket coupled to the linkage assemble and the seat	
7	cushion;	
8	and	
9	an easy-entry lever coupled to the linkage assembly and	
10	configured to release a track engagement device coupled to the	
11	linkage assembly, wherein the vehicle seat can be moved to one	
12	of a design position and an easy-entry position;	
13	and	
14	a stow lever coupled to the seat back and configured to lock and	
15	release the seat back and allow the seat back to rotate to one of a	
16	design position and a stowed position.	
1	9. The vehicle stadium/slide seat system of claim 8, wherein the vehicle	
2	stadium/slide seat system is configured to operate from either side of the vehicle seat.	
1	10. The vehicle stadium/slide seat system of claim 8, including a locking device to	

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lock the seat in a position along the seat track.